## MATERNAL AND CHILD HEALTH

HEALTH STATUS ASSESSMENT 2017

## BAY COUNTY DEMOGRAPHICS

Bay County Population 2015


Race: Bay County 2015


## BAY COUNTY DEMOGRAPHICS



Michigan Department of Health And Human Services, Population Estimates 2015

## EDUCATION

\% of children who did not achieve proficiency in ELA or Math


Kids coming home from school hungry

If kids are hungry they are not going to be learning

Schools disciplining children for being hungry

Education Attainment- Percent Population Age 25 and Over 2015


## EDUCATION

$35.6 \%$ of county residents received a high school diploma/GED
$30.0 \%$ of residents received a Bachelor's Degree or higher.
U.S. Census Bureau, American Communities Survey, 1 and5 year Estimates, 2015


## Poverty Staus



Percent Below Poverty Level - 2015

## Amount of women in poverty - increases risk factors

## COMMUNITY HEALTH


U.S. Census Bureau, American Communities Survey, 1 and5 year Estimates, 2015

Percent of Children living in households with incomes
less than $\mathbf{2 0 0 \%}$ of the Federal Poverty Level


## COMMUNITY

 HEALTH
## 44\% of children in Bay

 County are living in households with incomes less than $200 \%$ of the poverty level.
## Transportation is an issue

Need to find rides to appointments, grocery store, etc.

In winter it's hard to be standing outside waiting for bus with a newborn.

Percent of households with no motor vehicle available

U.S. Census Bureau, American Communities Survey, 5 year Estimates, 2015

Rate of confirmed victims of child abuse and neglect -
Ages 0-17 per 1,000


## COMMUNITY HEALTH

For every 1,000 children 23.7 are confirmed victims of child abuse and neglect

Bay County has a much higher rate of domestic violence incidents that Michigan and other counties.

Child Protective Services

Number of Reported Violent Crime (Group
A) Offenses Per 1,000 Population


Domestic Violence Rate per 1,000 population


[^0]Percent of Students Who Could Ask Their Mom or Dad for Help with Personal Problems


## COMMUNITY HEALTH

The majority of middle and high school students report they could ask their parents for help with a personal problem

Roughly 15-20\% of middle and high school students report their parents would not know if they did not come home on time.

Percentage Of Students Whose Parents Would Not Know If They Did Not Come Home On Time


Bay County Birth Characteristics


## Health Behaviors

The percent of women smoking during pregnancy has decreased over the last 2 years from $35 \%$ to $26 \%$

Free breast pump from insurance

Breastfeeding classes, BF consultant outside of hospital

Breastfeeding law for employers designated areas for breasffeeding moms

Bay County Birth Caracteristics


Percent Students Who Consume An Average Of 5 Or More Fruits Or Vegetables Per Day in Past 7 Days


Percent Students Physically Active For At Least
60 Minutes On 5 Or More Days In Past 7 Days


## Health Behaviors

## Percent Students Who Have Smoked at Least <br> One Cigarette or Cigar in Past 30 Days



## HEALTH BEHAVIORS



Percent of women with a live birth who had a healthy weight prior to pregnancy


## HEALTH OUTCOMES

$37 \%$ of women with a live birth had a healthy weight prior to pregnancy.

This is well below the Healthy People 2020 Targeł

HOWEVER, Bay County is right in line with the Healthy People 2020 Targe for low birth weight live births!


## HEALTH OUTCOMES

## Percent Of Adults Ever Told They Had Hypertension Or Diabetes

- Michigan Bay



Hypertension

## HEALTH OUTCOMES



Received each of their recommended well child/Preventive medical visits


Completed the Series of Recommended Vaccines



## CHILD CARE



## WHAT DOES MATERNAL AND CHILD HEALTH MEAN TO YOU

- Good nutrition
- Better food in schools - Quality of foods is not good
- Access to good nutrition
- Too costly to eat healthy
- Access to nutritionist
- Emotionally, physically, and financially stable
- Mental health help
- Medications for moms who suffer from mental illness


## WHAT DOES MATERNAL AND CHILD HEALTH MEAN TO YOU

- Healthy and safe places for kids to play
- Some neighborhoods feel unsafe, especially at night
- Playgrounds have used needles everywhere - using school playgrounds as a safe place for kids to play.
- Need sidewalks for safety, roads are terrible, need 3-way stop
- Parent groups for support


## WHAT HELPS FAMILIES BE HEALTHY

- WIC Program
- Parks
- Riverwalk
- Rail Trail
- Community Activities
- Programs
- Play Grounds
- Gardens
- Headstart
- Farmers Market
- Summer EBT
- YMCA
- Free Lunches
- Boys and Girls Clubs
- Education
- MIHP
- Early Headstart
- MOPS
- Beacon Of HOPE
- Library Programs


## WHAT HELPS FAMILIES BE HEALTHY

- Bay ISD
- Speech services
- Play groups
- Imagination Station
- Kroger
- Provides fruit or vegetables of month for each child (Fresh Friends


## WHAT MAKES IT HARD FOR FAMILIES TO BE HEALTH

- Healthier food options are more expensive
- Not enough healthy food options
- Transportation
- Low paying jobs
- Not enough information about how to get an education
- Tobacco and alcohol use
- Low quality housing
- High cost health insurance
- Fast food
- Quality day care is needed for $2^{\text {nd }}$ and $3^{\text {rd }}$ shift workers
- Technology
- Lazy People


## WHAT MAKES IT HARD FOR FAMILIES TO BE HEALTH

- Resources for everyone
- People don't know about resources available to them
- Need to publicize better (Facebook, news paper, flyers)
- Organizations need to work better together
- Too many hoops to jump through
- Always having to fill out the information for every visit and the same information at each agency getting services at. - Why not just have to fill it out once
- Too many people taking advantage of the system and resources
- People need to be held accountable - if you want services you need to follow these requirements
- Need goal setting and action planning to go along with resources and services


## WHAT MAKES IT HARD FOR FAMILIES TO BE HEALTH

- Lack of support for pregnant moms and working moms
- Job security when on maternity leave
- Not enough help after having a baby
- Lack of good jobs that are fulling or pay enough
- Placement of unhealthy foods
- Transportation is an issue
- Need to find rides to appointments, grocery store, etc.
- In winter it's hard to be standing outside waiting for bus with a newborn


## HEALTH CARE

- Only one option for pregnancy if on Medicaid - Harder to get prenatal appointments
- Need more support groups
- Bad experiences with emotional services denied service for ineligibility but not referred to another provider
- Issues had to get really bad before they could get services - police had to get involved
- Early on is great
- Don't feel I get enough help with homebased services - only once a month


## WHAT DO YOU NEED TO IMPROVE YOUR FAMILY'S OVERALL HEALTH AND WELL-BEING

- Money, better insurance
- More patience
- Getting older kids to cooperate
- Better eating habits
- More support/support groups/ support with food
- Community/school Gardens


## WHAT DO WE NEED TO KNOW TO MAKE OUR COMMUNITY HEALTHIER FOR FAMILIES

- Education
- On babies
- Safe sleep
- Breastfeeding classes, BF consultant outside of hospital
- Breastfeeding law for employers - designated areas for breastfeeding moms
- More parenting classes
- More opportunities and support for families
- More social time with other parents
- More neighborhood police
- More outdoor activities


## WHAT DO WE NEED TO KNOW TO MAKE OUR COMMUNITY HEALTHIER FOR FAMILIES

- Get rid of the vandalism
- Pick up trash
- More awareness
- Focus on community more
- Reach out to more people
- Go to different communities - meet them where they are at


[^0]:    Michigan Incident Crime Reporting

